

# Have, Do, Be リスト

理想のあなたが持っているもの (Have)  
していること (Do)  
なりたい姿 (Be) を3分以内で書きだそう！

Have

- |   |   |   |   |
|---|---|---|---|
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |

Do

- |   |   |   |   |
|---|---|---|---|
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |

Be

- |   |   |   |   |
|---|---|---|---|
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |
| ◎ | ◎ | ◎ | ◎ |